

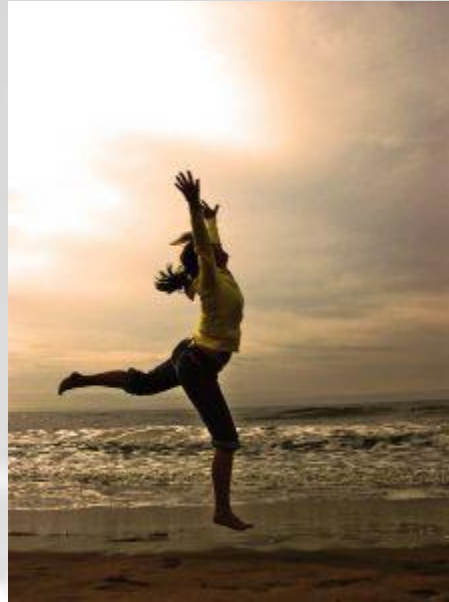
Start your 2019 with a New, Healthier YOU!

Eat Better

Get In Shape

Lose Weight

**Improve
Overall
Health**



Let us HELP YOU

Manage Your Health & Weight for Life

Attend our **FREE** Workshop & learn about a Purification Program that will kick start a Healthy New You in 2019!

DATE: Monday, January 21st

TIME: 6:00 PM

PLACE: Achieve Wellness Chiropractic Center

Join Dr. MaryAnn Ley as she discusses Toxins in your environment and how to assess your toxic load. Limited Space Available! **CALL 410 628-9355**