

WISE TRADITIONS (Weston Price Foundation)

POTLUCK

Sunday, February 17th 2:00 to 4:00PM



Did you know that in order to heal and prevent illness, you should be consuming fermented foods daily? Learn how easy it is to make fresh sauerkraut. Dr Ley will be demonstrating. Please bring a healthy dish to share.

RSVP TO 410-628-9355

We look forward to seeing you at:

Achieve Wellness Chiropractic Center, LLC

110 West Padonia Road

Timonium, MD 21093