

**Dr. Mary Ann Ley**

**&**

**- Achieve Wellness Chiropractic Center -**

**Present**

# **FREE HEALTH SEMINARS**

***Do you feel GRUMPY, SLEEPY or DOPEY?***

**Come see how you can become HAPPY,**

**RESTED and REFRESHED!**

**We will be serving a healthy treat.**

**Join us:**

**Tuesday July 10th at 7pm**

**All Seminars Held at Achieve Wellness Chiropractic Center**

110 West Padonia Road, Timonium, MD 21093

To reserve your seat call: (410)-628-WELL (9355)